

Education and training of the effective citizen

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Influential citizens are people who can be successful and happy when it comes to move from school environment to the workplace and living space. And based on this success and the inner satisfaction that they have, can happily be able to influence the environment around and the people of their society. And also respond in a positive way, and in this reciprocal response, they can strengthen this action and response. They can feel more satisfying, happier and more successful that they can make such a positive impact on their environment, and it will be more effective afterwards. Seeking to further influence, the feeling of success and happiness is furthered in a positive circle to reinforce each other and move in that positive circle.

To some extent, it can be stated that success is a result of the correct educational system, which brings happiness, and the inner satisfaction to a human being. Although success is one of the basics and prerequisite for happiness, it is not a sufficient condition for it. If people want to feel contented, they need to be well-nourished. It is necessary for them to know and internalize how to get pleased and self-satisfied. And moreover they should be able to make a positive and successful inner image of themselves.

The key to achieve success is to be in a balanced condition for learning and growth; as the basic condition for happiness is to nurture a person in equilibrium. The two principles of success and happiness that result from growth in equilibrium are the main factor to make an individual as an "influential citizen."

If we want to make an analogy of a child, a minor, or an adolescent who traces the path to education, we can say that education which is necessary to succeed is a tree trunk, and nurturing, which is the precondition of happiness and inner satisfaction, is the branch of that

tree. And so we can say that a human being is in a state of equilibrium when he has both a solid body and strong and balanced branches.

The educational pathway is the tree trunk and nurturing path as the branches of that tree. Therefore, on the path to the student's equilibrium, none of them should be sacrificed and they have chance to grow.

So, therefore, it is necessary that education in the system of kindergartens, pre-schools and primary schools, where we have educational work, be parallel to each other. And these two, like the wings of a bird, are both the requisites of flight and self-actualization of human beings. Strong training is the tree trunk and for success, and nurturing, as branches and leaves and fruit of the tree, both can provide the necessary infrastructure for human beings happiness and satisfaction.

Therefore, it is necessary that in educational planning our centers, trainers and teachers act in a way that education and nurturing be in line with each other be applied in training courses for student.

At an earlier age, the nurturing process should be more focused than education. The higher the age it goes, the more gradual changes are made, and less time is needed for nurturing, and when we go to high school years, more time is needed for education.

In fact, if human beings want to grow and evolve to the self-actualization point and be in a state of equilibrium they require empowerment, so student need to be trained in such a way that he can find his own equilibrium point and for himself, be able to plan to grow in equilibrium.

When it comes to life skills, "**how to live**" is one of the most important issues that needs to be addressed in order to be internalized in students from their childhood so they can understand the importance of equilibrium.

There are also other very important skills for achieving success and happiness in a balance. One of the most important of these skills is "creativity" and that the person be able to think creatively and tactfully on the problem. And he has the opportunity to brainstorm ideas and

discover new solutions to solve problems. Another important skill is "**problem solving**". When a person knows the problem solving methodologies and can solve problems from different point of views.

"**Researching**" is another important skill to grow our students in a way that in addition to curiosity be equipped with research skills and be able to find answers to their own questions.

"**Questioning**" is a very important skill. "Critical Thinking" and "Analysis Ability" are also other skills that are important for to place deep-seated analysis in our children.

The last but not the least skill is "**self-learning**". It is very important to have self-learner students because they can easily move to success through education path and get their wellbeing through nurturing path which can make them influential citizens.